

	Clinical Protocol: Gastric Bypass	
	ORIGINAL EFFECTIVE DATE: 05/22/2019	REVIEWED/REVISED DATE(S): 06/18/2019 08/13/2021
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PROTOCOL OVERVIEW

This Clinical Protocol advises on guidelines and indications for gastric bypass.

INDICATIONS

CLINICAL INDICATIONS FOR PROCEDURE

- Severe obesity: BMI of 40 or greater, BMI of 35 or greater with serious co-morbidity related to obesity (type 2 DM, hypoventilation, obstructive sleep apnea, nonalcoholic steatohepatitis, pseudotumor cerebri, severe osteoarthritis).
- Patient is a candidate for bariatric surgery as indicated by **ALL** of the following:
 - Failure to achieve and maintain significant weight loss with nonsurgical treatment
 - No correctable causes of obesity or current substance abuse identified
 - Patient has demonstrated reliable participation of sufficient duration in multidisciplinary weight-loss program
 - Current substance abuse not identified
 - Expectation that patient will be able to adhere to postoperative care
 - Preoperative care planning should include complete medical evaluation, behavioral health evaluation, nutritional consultation, and exercise counseling.

RECOMMENDED RECORDS

- History and physical and progress notes
- Completion of bariatric screening tool to include member's height, weight, BMI and attempts at weight reduction
- Behavioral health clearance.
- 6 months of participation in a weight loss program
- Any other consultations related to procedure and pertinent labs and radiology tests if indicated (i.e. cholecystectomy also planned) / EGD for those with history of GERD or upper GI symptoms)

CITATION

MCG, Inpatient & Surgical Care, "Gastric Restrictive Procedure with Gastric Bypass", 24rd Edition, 6/24/2020