**Allergic Rhinitis (Allergy and ENT Referral)**

Clinical Indications for Referral:

Allergy referral for evaluation or management:

* Allergy testing being considered
* 2 or more treatments with systemic steroids
* Adverse events from, or failure to respond to pharmacotherapy
* Rule out conditions that mimic allergic rhinitis:
  + Aspirin sensitivity or drug-induced rhinitis
  + Eosinophilia syndrome or eosinophilic granulomatosis with polyangiitis

ENT referral for evaluation or management:

* Chronic or recurrent sinusitis or otitis media
* Suspected neoplasm
* Inability to smell or taste
* Nasal polyps or turbinate hypertrophy
* Sleep disturbance
* Septal deviation or other orofacial deformities
* Rule out other conditions:
  + Vasomotor or nonallergenic rhinitis
  + CSF leak
  + Ciliary dyskinesis

**Reference:**

MCE, Ambulatory Care, “Allergic Rhinitis – Referral Management”, 2/26/2019.